

Respect, Protect, Connect

Age: 12 - 17

The Respect, Protect, Connect program is a respectful relationships program for high school aged children. Each year level receives tailored information based on age appropriate materials. The Respect, Protect, Connect program aims to increase awareness within the school community regarding the issue of sexual assault and family violence. The program will also assist young people to have ongoing conversations with their caregiver about sexuality, relationships and sex. The program focuses on empowering young people to make informed decisions. It aims to educate young people on the broader definition of family violence and sexual assault and its impact on their health and emerging relationships. Respect, Protect, Connect provides young people an understanding of current legislation and how young people can engage safely with online materials.

Key Topics:

- Affirmative consent
- Sexting
- Family violence
- Cycle of violence
- Respectful Relationships
- Rape and sexual assault
- Pornography
- Online safety

Tips for Parents:

- Conversation about staying safe should be ongoing.
- It's much better to have little conversations more often, than one big talk.
- This will help you to reinforce key points and to adapt the message as your child gets older.
- Once you're ready to talk, you might find your child isn't. That's OK. The most important thing is to not force the issue, but ensure your child knows they can talk to you.
- Weaving simple conversations about staying safe into daily routines is a great way to stop it sounding like a lecture, making it feel easier for you too.

Resources:

Kids Helpline 1800 551 880

Kids Helpline is Australia's only free (even from a mobile), confidential 24/7 online and phone counselling service for your people aged 5 to 25.

Safe Steps 1800 015 188

Victoria's 24/7 family violence response centre.

Parentline Victoria 13 22 89

Parentline is a telephone counselling and support service for all Victorian parents and carers of children from 0-18 years.

SECASA

For information on our Primary Prevention Programs please email: SECASA_Schools_Program@monashhealth.org
If you would like to make a referral for counselling at SECASA please contact us on: 9928 8741.

eSafety Commissioner

<https://www.esafety.gov.au/key-issues/esafety-guide>

The Carly Ryan Foundation

<https://www.carlyryanfoundation.com/resources/fact-sheets>

APP Fact Sheets advising on how they work, age ratings and challenges (eg Snapchat, Tik Tok, Roblox, Fortnite).